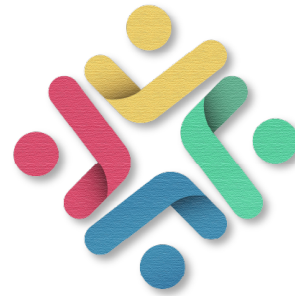


View in browser



**Wellhooody**  
Wellbeing in Diverse Youth Communities

Welcome to  
Wellhooody project  
Newsletter 1!

Find out more about  
**WELLHOODY**



**Dear Reader,**

We are thrilled to share the latest news from our EU-funded Erasmus+ project, Wellhooody: Youth Participation and Wellbeing in Diverse Communities. Our project is a collaboration between seven partners from across Europe: Folkuniversitetet (Sweden), Outside Media & Knowledge (Germany), Momentum (Ireland), Le Laba (France), Youth Power (Germany), Dramblyls (Spain), and EUEI (Denmark).



## We are giving you our resources, FREE forever

As an initiative dedicated to fostering inclusive and diverse communities, our mission is to empower and inspire youth through meaningful participation and wellbeing. Our **Project Result 1 – Good Practice Guide: Youth Participation and Wellbeing in Diverse Communities**, is designed to be a valuable resource for those who strive to create a world where every young person has the opportunity to thrive.

**DOWNLOAD THE GUIDE HERE**

and get inspired to create wellbeing  
for young people based on diversity

The Wellhoody Good Practice Guide's purpose is to present youth workers and educators and youth group with 20+ examples of projects or initiatives that target the participation of youth from diverse communities (immigrants, refugees, native-born of immigrant families) in projects that have significant outcomes and contribute to their inclusion and development.

[Download our guide](#) and get inspired to replicate some of these actions, or create your own initiative.

## GET TO KNOW OUR TEAM OF PARTNERS

### **Folkuniversitetet**

Folkuniversitetet, a leading adult education provider in Sweden, has been actively involved in the project's training programs for young people. They developed a game with cards containing questions on 7 different topics important to young people, such as: language learning and integration, informing young people about their rights to different services available in the country ect.





**Outside**  
Media & Knowledge

## **Outside Media & Knowledge**

Outside Media & Knowledge, a German media company, has been working on a **video campaign** and a **magazine** to raise awareness about the challenges faced by young migrants in Europe. The campaign aims to highlight the contributions that young migrants make to their communities, and the importance of supporting their integration into society.

[More about this partner](#)

**momentum**  
[educate + innovate]

## **Momentum Educate + Innovate**

Momentum, an Irish organisation active in educating youth and communities about inclusion and forward looking life skills. They bring diverse groups together and show them how they can make their communities better through collaboration.

[More about this partner](#)

**DOWNLOAD THE GUIDE HERE**

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## Le LABA

Le LABA is an organisation based in Bordeaux, France, that brings cultural organisations to work together in Europe, highlight territories and local initiatives. For WELLHOODY they have identified several initiatives that highlights the roles of culture and arts in connecting (young) people and fostering wellbeing.

[More about this partner](#)



## Youth Power Germany

Youth Power Germany e.V. is a non-governmental organization that is dedicated to promoting positive values in society. Their focus is on empowering young people to become agents of change, working towards a society that values tolerance, healthy lifestyles, gender equality, and non-violence.

[More about this partner](#)

[www.WELLHOODY.eu](http://www.WELLHOODY.eu)



## **Dramblys**

As a leader of the first part of the project, the Dramblys team of social innovators has spent substantial time going through all the best practices and has gained a very solid understanding of how the wellbeing beneficial initiatives work and has been able to reproduce several of them at local level. Are you curious about why the elephant? Click below and ask them.

[More about this partner](#)



## **European E-learning Institute**

EUEI are passionate about developing and facilitating learning experiences that engage and motivate learners across Europe. They are pioneers in eLearning and blended learning. They bring this into WELLHOODY and help bring digital learning to young people.

[More about this partner](#)

[www.WELLHOODY.eu](http://www.WELLHOODY.eu)

# Watch videos and get inspiration to be happier by embracing diversity:



## WATCH VIDEO

Watch the above video to learn how culturally diverse musicians in Germany reach wellbeing together.



## WATCH VIDEO

Watch the above video to find out about an Irish street festival that brings diverse youth and artists into several days of happiness.



## WATCH VIDEO

Watch the above video to learn how an organisation in Spain empowers immigrants to become role models.

## Follow Us:



We hope that these updates give you a better understanding of the Wellhoody project and the incredible work being done by its partners. Stay tuned for more updates as the project continues to evolve and make a positive impact on the lives of young migrants in Europe.

Best regards,

The Wellhoody project team