



Wellhooody
Wellbeing in Diverse Youth Communities

OPEN EDUCATION RESOURCES

MODULE 4

YOUTH PARTICIPATION

How to Engage in Your Community:
Connect, Contribute, and Grow

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Welcome to WELLHOODY!

WELLHOODY is all about boosting community through youth learning. It's about embracing our differences and making everyone feel included and well.

THIS COURSE

WELLHOODY's goal?

Enabling youth WELLBEING, rooted in diversity.

When young people learn about strength in diversity, it inspires everyone in the community to work together for everyone's wellbeing and to be more accepting and inclusive.

Ready to jump in?



Learning Objectives

In this module, learners will:

- Understand the significance of active youth involvement.
- Learn strategies to inspire and ensure equal participation.
- Explore various models of youth leadership, engagement and participation.
- Address challenges faced by youth immigrants in participation.
- Define and embrace active citizenship responsibilities.
- Reflect on the relationship between self-identity and community participation.
- Get familiar with tools facilitating effective youth engagement.
- Recognise the power of storytelling.
- Learn how to join and participate in relevant youth activism spaces.



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O P E N E D U C A T I O N R E S O U R C E S

4.1 Promoting the Active Participation of Youths

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Active Citizenship

Imagine you and your friends are learning in a way that's not just about books and classrooms. It's about diving into your community, figuring out its challenges, and coming up with real solutions.

This way of learning is like turning your neighborhood into a giant classroom. You get to get your hands dirty, use tools, and understand how things work around you. But here's the awesome part - it's not just about knowing facts; it's about understanding how you and your actions can make a positive impact.

Now, why is this so important for you as young adults? Well, it's like training to be an active citizen. **It's not just about being a part of your community; it's about being someone who actively cares, understands, and does something about it.**

You might explore how local things, like having chickens or an old streetcar track, affect your community. By doing this, you're not just learning for the sake of it; you're preparing to make a difference. This way of learning helps you become someone who's not just aware of local issues but is ready to take action to make your community - and maybe even the world - a better place. It's like turning your education into a superpower for positive change!



Promoting the Active Participation of Youths

Active participation of youths means that you are actively involved and engaged to make things happen. It's when you step up, get involved, and take action in your communities and beyond.

Whether it's joining clubs, volunteering, speaking up about important issues, working together to create positive change, active participation means that you are taking the lead and making your voices heard. It's about making a difference.



IMPROVING YOUTH WELLBEING

by Increasing Active Youth Participation



Space and participation for all

Giving you a bigger say in decision-making. Everyone knows that young people are important for democracy, but sometimes your voices don't get heard enough. You need to have a real say in the decisions that affect you.



Inclusive societies

Ensuring that you from a diverse range of backgrounds have information about and access to participation and decision-making processes.



Quality learning

Ensuring that you have access to citizenship education to provide you with solid knowledge on political systems, democracy and human rights, which is also linked to community-based experiences to promote active civil participation.



If you're a young person looking to boost civic participation by attending a youth conference in Europe, the European Youth Event (EYE) is an excellent opportunity. The EYE brings together young people from across the European Union to share and shape ideas on Europe's future. It's a unique platform for interacting with experts, activists, influencers, and decision-makers.

You can check out their upcoming events and get more information on their website: [European Youth Event](#). This event is not only a chance to engage in important discussions but also a way to connect with like-minded individuals and broaden your horizons.

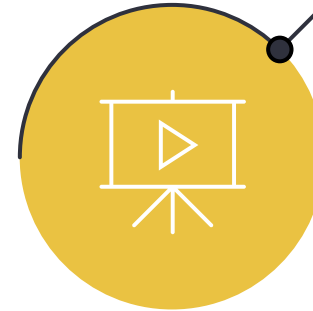
Engage in these activities:

IDEAS FOR A BETTER EUROPE

Thousands of young people have already shared their ideas on topics that matter. Are you ready for the next level? Join the conversation and help building a network of solutions! [CLICK HERE](#)

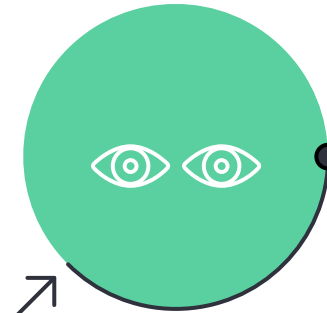
APPLY TO BECOME EU YOUTH DELEGATES

Track regular calls for applications for young people to take part as youth delegates and represent national and EU youth. [CLICK HERE](#)



EWATCH YOUR FAVOURITE SESSIONS!

Did you miss a session or want to relive insightful conversations? Check out all the 8 hybrid activities from EYE2023. [CLICK HERE](#)



LOCAL EYES

Local EYEs bring the unique experience of the EYE (European Youth Event) to Europe's cities and regions, offering young people across the continent the opportunity to meet other young people, inspire one another and exchange ideas with experts, activists and decision-makers. [CLICK HERE](#)

Examples of Active Citizenship:

1. Community Clean-up Initiatives:

1. Organising or participating in clean-up events to beautify public spaces, parks, or neighbourhoods.
2. Establishing recycling programmes and promoting environmental sustainability.

2. Youth-Led Advocacy Campaigns:

1. Initiating campaigns on issues like climate change, mental health awareness, or education reform.
2. Engaging in letter-writing or petition drives to influence local policies or practices.

3. Volunteering for Local Causes:

1. Contributing time and effort to local charities, food banks, or shelters.
2. Participating in community service projects to address specific needs, such as helping the elderly or supporting educational initiatives.

4. Community Gardens and Urban Farming:

1. Collaborating with neighbours to create community gardens.
2. Supporting initiatives that promote sustainable and locally sourced food production.

5. Active Participation in Local Governance:

1. Attending town hall meetings to voice concerns and opinions.
2. Joining youth councils or advisory boards to actively contribute to decision-making processes

Examples of Active Citizenship:

6. Education and Mentorship Programmes:

1. Tutoring or mentoring peers to enhance educational opportunities.
2. Establishing programmes that promote skill development and knowledge sharing within the community.

7. Civic Engagement Through Media:

1. Creating and sharing content on social media platforms to raise awareness about social issues.
2. Starting a community newsletter or blog to inform residents about local events and concerns.

8. Supporting Local Businesses:

1. Choosing to shop locally to support small businesses and contribute to the local economy.
2. Organising events or campaigns that highlight and promote local entrepreneurs.

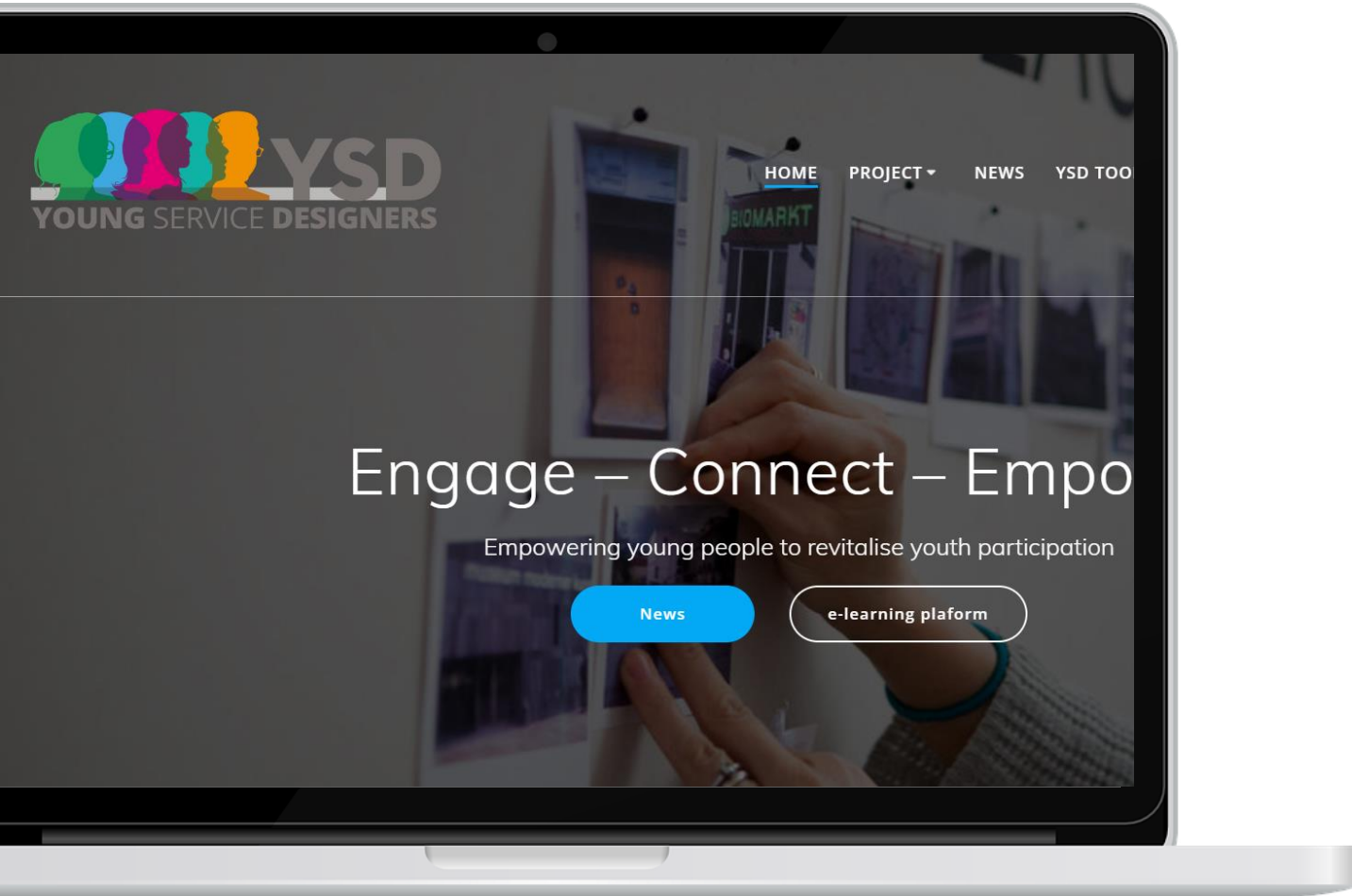
9. Emergency Preparedness and Response:

1. Participating in or organising community emergency response training.
2. Establishing neighbourhood watch programmes to enhance community safety.

10. Promotion of Cultural Understanding:

1. Organising cultural exchange events to foster understanding and appreciation.
2. Participating in initiatives that celebrate diversity and inclusivity within the community.

Young Service Designers



[The 'Young Service Designers' \(YSD\)](#) project is a collaboration funded by the European Youth Together (EYT) Sub-programme of the ERASMUS+ Programme.

The project aims to engage young people in proposing sustainable and innovative solutions for their cities, with the support of local administrations and youth workers. Youth workers will experiment with new methods to attract young people's interest in active citizenship and stimulate their desire to propose solutions for local challenges.



Young Service Designers

The planned activities aim to achieve the following results:

To let young people participate in the decision-making process.

To improve decision-making.

To boost hyperlocal structures.

To improve services in the post-COVID era.



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4.2 Youth Leadership, Engagement and Participation

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Youth Leadership, Engagement and Participation

It is important to consider the role of different factors, such as relationships, expectations, and resources, in creating a positive learning environment for youth wellbeing, as well as building supportive relationships with you and engaging all of you in the learning process.



Watch the video: The Congress gives youth delegates a chance to talk about their projects



IMPROVING THE YOUTH WELLBEING

Through Youth Leadership, Engagement and Participation



Youth Leadership

These programmes include travel, intercultural exchange, outdoor education, organising events, sports, intergenerational knowledge exchange, work experience, public speaking, and life skills development.



Engagement

When community-based organisations and government agencies actively involve you in their efforts, it leads to your participation in meaningful and responsible actions that drive positive social change.



Participation

All of you are an integral part in the process of planning, identifying needs, finding solutions, implementing programmes and decision making within organisations and communities.

Innovation and Youth Leadership, Engagement and Participation



Technology

Providing you with crucial tools, such as language, computer literacy and leadership training, to pursue higher education and other human development programmes.



Networks

Build strong networks of young leaders who will continue to collaborate with one another and become leaders in your local communities.



Programmes

Various programmes and activities for young people to encourage new ideas, business skills, and economic growth.

Case Study



[YIP Programme](#)

The International Youth Initiative Programme is a special training for social entrepreneurship. It's a comprehensive education programme that helps young people become more globally aware and personally empowered.

The goal is to build your ability to take action in the midst of current global challenges. Between 18 and 28 years old, 20-40 participants from around the world live, learn, and work together for 10 months.



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4.3 Self-Identity and Community Engagement

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Self-Identity: A Simple Definition

Who are we? This is a question that we all stumble upon at least once in our life. And it is not an easy one to deal with, as our self-identity is built, lost and found throughout perhaps our whole life.

Discouraged? Well, you shouldn't be (unless you're already 90, but even then, you will be too experienced to even care). This means that while there is life, there is hope.

Self-identity is basically the concept we have of ourselves, and the definitions we give to ourselves as a result of the role or position that we occupy in our lives or behaviours we engage in regularly. What does this mean? That we give labels to ourselves, "trend-setter", "athlete", "teacher", "mother", "activist" etc.

Source: [Encyclopedia](#)



Self-identity In the Case Of Migrants

When it comes to immigrants, the issue of self-identity becomes more complex. The idea of "where you are from" becomes unclear, and there are instances where young people may not identify with either the host country or their country of origin.

The concepts of self-identity and home are closely linked. Why? Research suggests that home is a place closest to a person's heart, where they retain their identity, integrity, and way of life. In the context of immigrants, the challenge lies in navigating this sense of self and belonging when the traditional notions of home and identity are blurred.

Source: www.psychologytoday.com





Source: [Freepik](#)



Source: [Freepik](#)



Gender

Men often see home as connected to their success and accomplishments. For women, it's more about considering home as a place for emotional comfort and protection. So, for guys, it's tied to achievements, while for ladies, it's about feeling safe and emotionally supported.



Cultural background

For European migrants, getting economically settled can happen quickly, especially when it comes to jobs and finances. However, how fast this happens is also tied to culture. On the other hand, for ethnic minorities, the process might take longer, but it's less affected by cultural factors.

What Is Intersectionality and Why Is It Important?

Find out here:

<https://www.globalcitizen.org/en/content/what-is-intersectionality-explained/>



Other factors

Other factors that influence self-identity may be religion, educational level, language fluency, education received in the host country, forming communities in the host country and the flexibility of the new community to absorb new members.



Source. www.freepik.es

Exercise: Intersectionality and Cultural Identities

Objective: promote critical interculturality and encourage reflection on the intersectionality of cultural identities.

Materials needed: sheets of paper, markers and tape



Let's break into pairs or small groups of 3-4 people.



Write down all the cultural identities that pop into your minds - things like race, ethnicity, nationality, language, religion, gender, sexual orientation, social class, ability, and more.



Once your group has a list, dive into a discussion. Explore how these identities intersect and overlap in your lives and the lives of others.



Think critically about the privileges and challenges that come with each identity and how they interact.



After about 15-20 minutes, share your thoughts with the larger group. Let's learn from each other!



We'll wrap it up with a discussion on why recognising intersectionality in cultural identities is crucial. How does it shape our understanding of diversity and inclusion? Get ready for some insightful conversations!

Young People Committed To Living Interculturality

The Festisol international committee has chosen this theme to explore throughout the year 2022.

Let's explore in more detail:

- Youth engagement: how to support and strengthen it?
- Committing to critical interculturality: beyond living together?
- Anti-racist and committed youth: revolution, renewal or taking over?

[Source: Resources and reflections on the 2022 focus: "Young people committed to living interculturality", Solidarities festival 2022](#)

Committing To Critical Interculturality: Beyond Living Together?

- Critical interculturality is the second focus of Festisol 2022, and it's all about how different cultures connect. Just like youth engagement, it's a bit complex but full of cool ideas.
- Interculturality is usually about celebrating differences, but there's a cooler way called critical interculturality. It's about looking at power and promoting a different way of teaching, going beyond just noticing cultural differences. It aims to change our society, saying no to an oppressive Western way of thinking.
- This approach helps us understand discrimination and racism better by listening to the experiences of those who know it firsthand. It challenges our practices in art, history, and how we pass on our struggles.
- So, it's not just about celebrating differences – it's about transforming our society and building a future that includes all kinds of histories, cultures, and identities.

Source: [Resources and reflections on the 2022 focus: "Young people committed to living interculturally"](#), Solidarities festival 2022

Anti-racist and committed youth: revolution, renewal or taking over?

- Many young people are really into decolonial approaches, shaking things up in French anti-racist struggles.
- This new generation is changing slogans, language, and how we take action. In many movements, especially led by young women, they're at the forefront of anti-racist struggles, like the big anti-racism and solidarity campaign.
- Now, some things can be divisive, like non-mixing, the Islamic veil, or cultural appropriation, within anti-racist organisations. But we think the diversity in youth struggles isn't a problem – it's a spark for important debates, making our movements stronger and more progressive.

Let's keep evolving, debating, and making positive changes together!

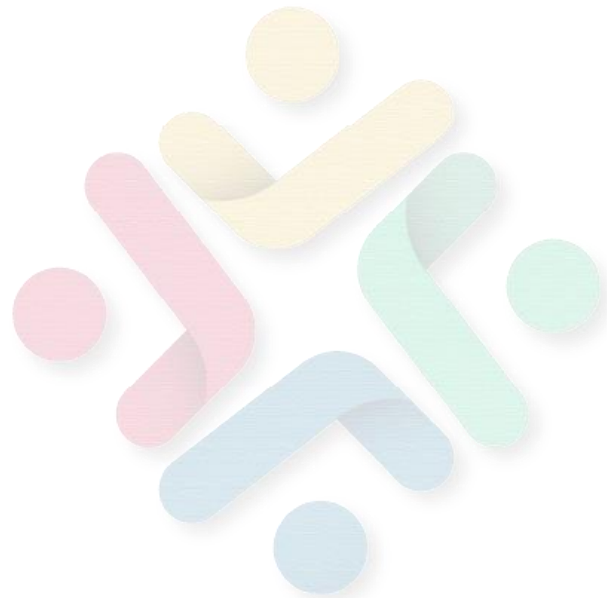
Source: [Resources and reflections on the 2022 focus: "Young people committed to living interculturally"](#), Solidarities festival 2022



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Additional resources and references



["Interculturality in education for global citizenship: is it time for a change?"](#), Cécile Giraud



[Resources and reflections on the 2022 focus: "Young people committed to living interculturally"](#),
Solidarities festival 2022

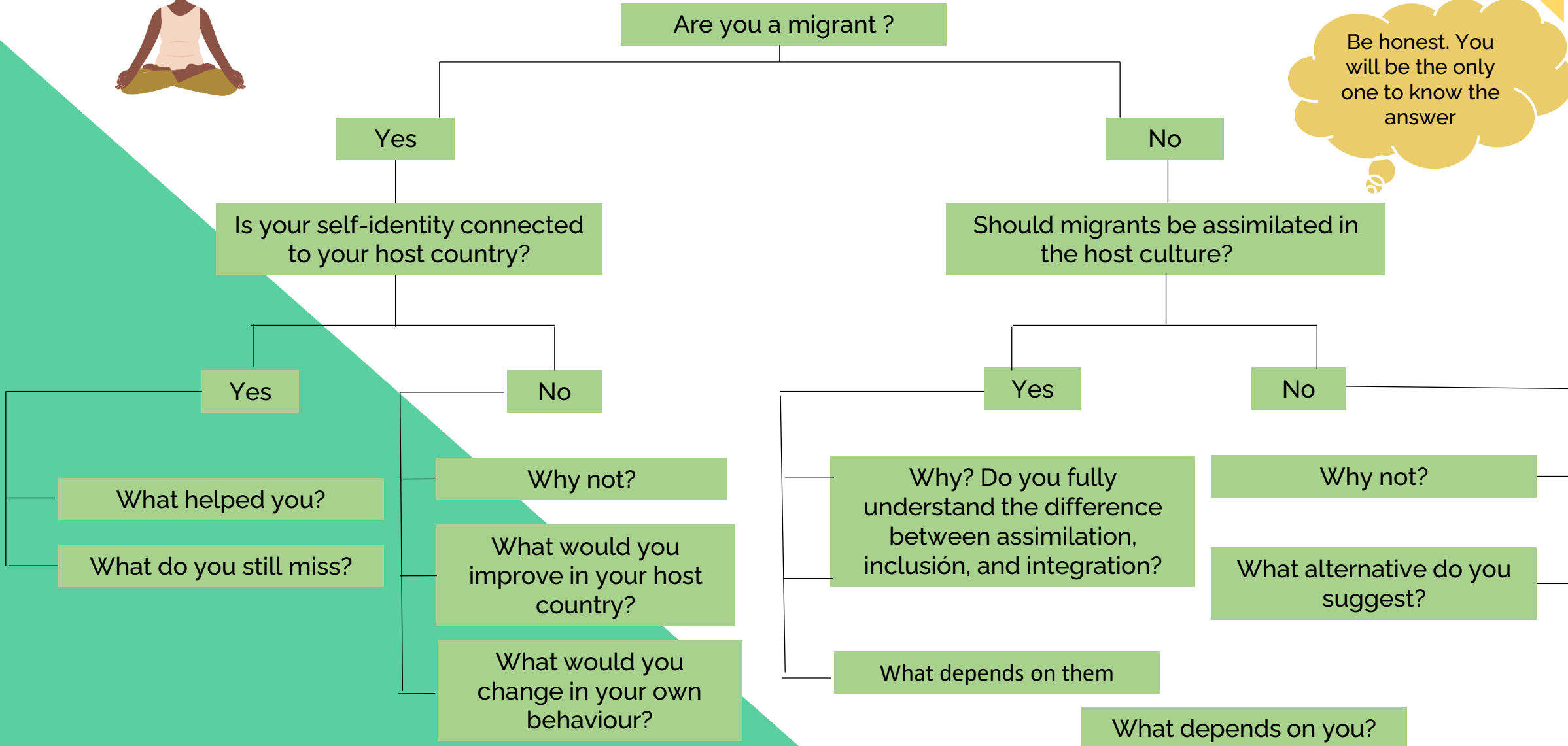


POINTS TO REFLECT ON



Stop for a minute, digest the info, follow the diagram and reach your conclusions!

Be honest. You will be the only one to know the answer



THINK ABOUT IT!

- Migration and moving is as old as human history (otherwise the continents would not have been populated).
- It is only normal for people to look for better living conditions. This has not changed during the centuries.
- So given that people will continue to move and migrate, here's another thought!! What if this process was treated as more natural, especially with young people?
- What if the migrant or native-born youth knew and appreciated their locality, its stories, buildings, what makes it unique and had the desire to belong, contribute and be a part of it? Isn't this what we call active citizenship? And wouldn't the whole community benefit from it and wouldn't it also benefit the development of young people ?

Could we agree on calling this a WIN-WIN situation?



In youth work, there are lots of ways to help both migrant and local young people feel included.

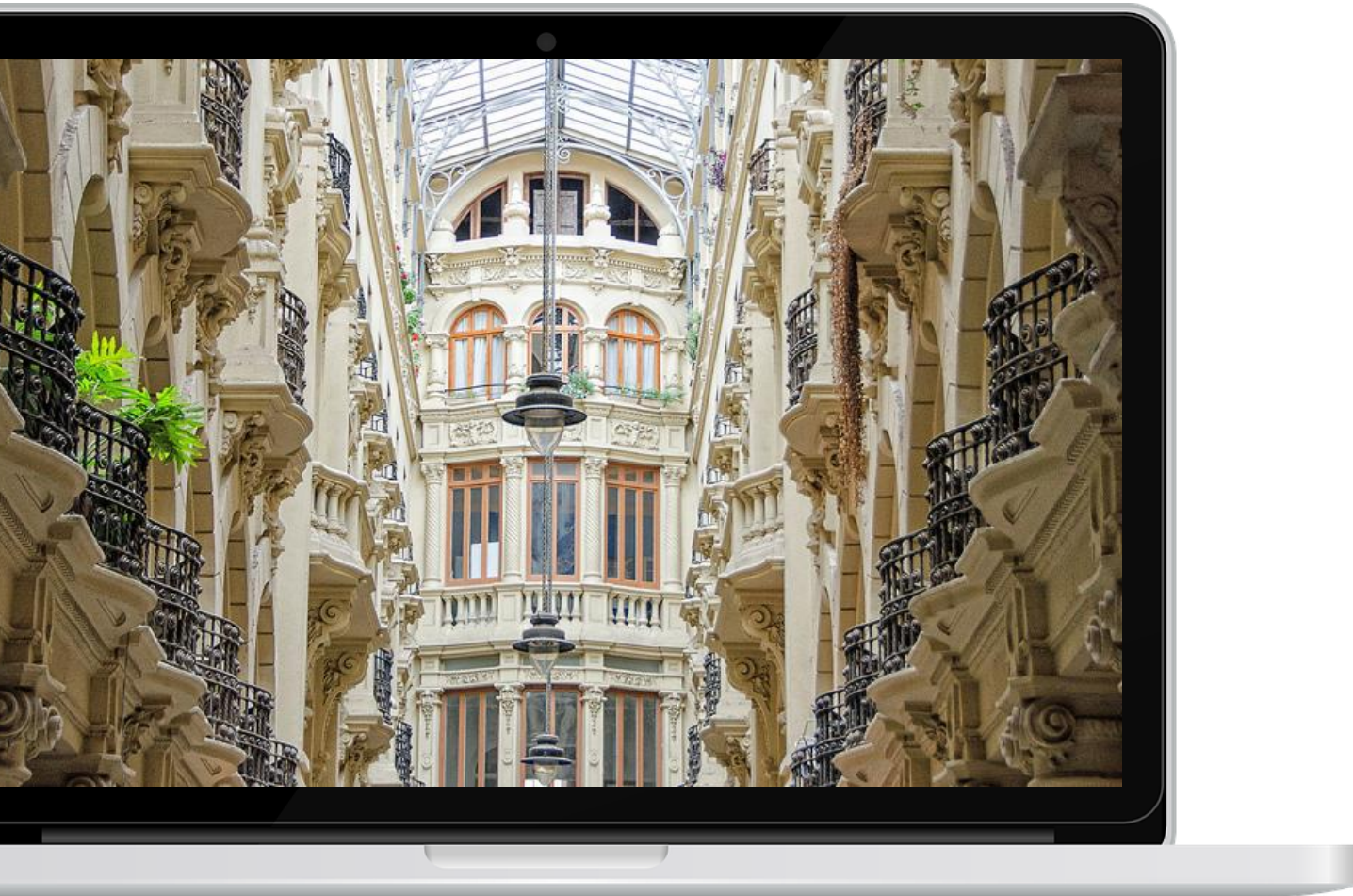
Many of these involve informal learning, covering several areas at once:



One methodology that addresses all the above is **Place-Based Education.**

Sources: Zimmerman, H.T., Land, S.M. (2014) Facilitating Place-Based Learning in Outdoor Informal Environments with Mobile Computers. TechTrends, 58(1)

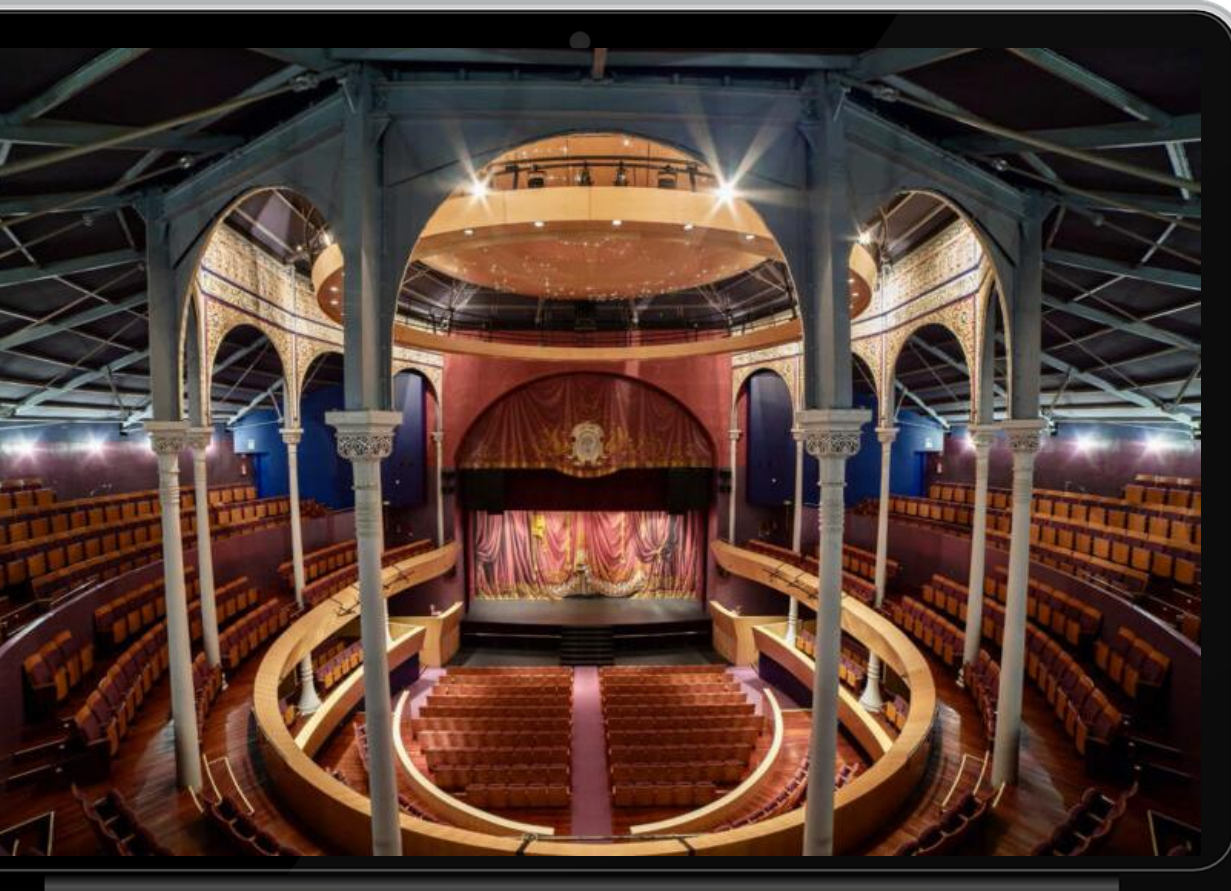
Sobel, D. (2004) Connecting Classroom and Community. Nature and listening 2004. www.koalacenter.org



Did You Know About Place-Based Education?

- Place-based learning (PBL) is a type of education that involves students or participants in activities centred around local systems, histories, and interactions. The goal is to make learning more connected to everyday life (Zimmerman & Land, 2014).
- When learners have hands-on or real-world experiences, they tend to build stronger connections to their community, gain a better appreciation for the natural world, and become more active citizens. On the flip side, when citizens actively engage with their surroundings, communities thrive, and the quality of the environment improves (Sobel, 2004).

So, in simple words:



Young migrants/native born know more about their locality



Stories, heritage, art, environment, history, architecture, anecdotes



They do activities in these areas (visits, sports, treasure hunting etc.)



They have fun and learn more



Their feeling of belonging increases and they become engaged in further activities



They develop a desire to protect and engage in activities that benefit the community



Increase of inclusion and wellbeing



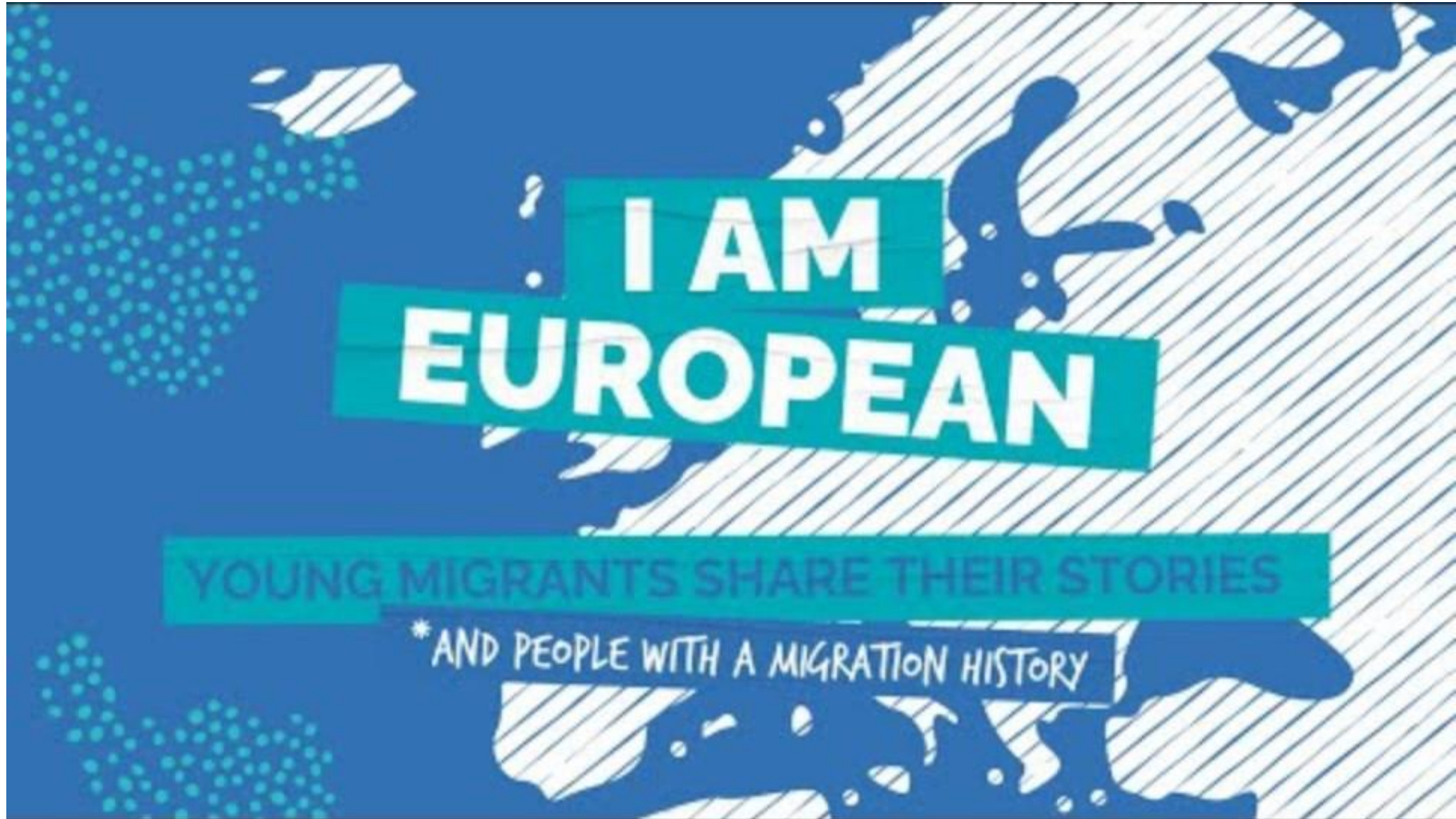
Can you think of 3 place-based activities?

Cultural heritage

Environmental heritage

Local stories

WATCH THE VIDEO: I Am European: Young migrants share their stories





As a young immigrant in Europe, you have several opportunities to participate and engage in your community. Exploring Opportunities through the European Youth Portal.

- Discover diverse opportunities tailored for young immigrants in Europe.
- Access resources like Erasmus+ for educational and cultural exchange programs.
- Get involved in community and volunteer activities to connect and contribute.
- Learn more and find opportunities at the European Youth Portal: [European Youth Portal](#).

Engaging in Youth Work and Solidarity Activities

Are you a
**change
maker** in
the **youth**
field?



Youth Partnership

Partnership between the European Commission
and the Council of Europe in the field of Youth



- Participate in youth work initiatives focused on integration and inclusion.
- Join the European Solidarity Corps for volunteer and work projects.
- These programs help in personal growth and understanding different cultures.
- For more information on youth work and solidarity activities, visit: [Council of Europe's Youth Partnership](#).

Gamification In Youth Work for Inclusion of Immigrants

When we consider youth immigrants, it is important to develop their soft skills so they can have their voice.

The course "Gamification in Youth Work for Inclusion of Immigrants" is exploring immigrants in the EU, checking out youth work Programmes, and honing soft skills through gaming.

Why is this crucial? Because by refining your soft skills, you're not just fitting in; you're amplifying your voice!

Ready to dive in? Check it out: <https://learning-youth-power.org/courses/gamification-in-youth-work-for-inclusion-of-immigrants/> .



Let's dive into active participation!

Ever wondered how to dive into active participation and make a real impact? We've got a toolkit just for you, based on a guide from the NGO e-Graine. This guide is your go-to for inspiration and empowerment to get involved in different initiatives.

First things first, it talks about why your engagement is crucial. Spoiler alert: it's all about building a world that's inclusive, sustainable, and fair. Pretty awesome, right?

The guide presents some cool tools and strategies. Think storytelling, interactive workshops, and peer-to-peer mentoring. These aren't just buzzwords; they're the keys to unlocking your motivation to take action.

So, are you ready to be a part of something bigger? Discover your potential, and let's make the world an even better place together!



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4.4 Engagement Tools

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2 Tools to Supercharge Youth Engagement

1. "World Café" Methodology:

Imagine a café vibe, but for ideas! We set up small groups, each with a cool host, discussing different themes. You rotate to new groups, meeting new hosts and continuing the chat. This sparks diverse perspectives, active listening, and respectful dialogue. It's like a brainstorming session on steroids!

2. Participatory Budgeting:

Ever wanted a say in where the community budget goes? Well, this tool lets you do just that! Through meetings, online platforms, or other cool ways, you get to decide how a part of the local budget is spent. It's not just about making decisions; it's about empowering you to take an active role and directly impact the community. Plus, it keeps local government transparent and accountable, fostering community collaboration.

Now, we want to hear from you! How do you want to get involved in your community? Do you feel your voice isn't heard enough? Share your thoughts on how things could improve and which tools would work best for you. What does actively participating in society mean to you? Let's start a conversation that sparks change!

Game «Idea Sparks»

Objective: encourage youth to think creatively and come up with innovative ideas for community projects or events.

Materials needed: paper and pens



Let's break into smaller teams of 3-4. Each team gets a piece of paper and a trusty pen or pencil. We've got 10-15 minutes on the clock.



Your mission? Dream up some awesome ideas for a community project or event in your area.



We're talking creativity unleashed, so think outside the box!



When the time is up, each team should share their top three ideas with the larger group.



The larger group then votes on the best idea from each team.



The winning team's idea can then be developed further and potentially turned into a real community project or event.



Why Youth Participation Is Key?



Jahkini Bisselink is the Dutch Youth Ambassador of the United Nations representing all young. Jakhini is bridging the gap between young people and politics, fighting to let their voices be heard in national and international decision-making. Jahikini shares her perceptions about why youth participation is important.

Her main message and wish is **“To take youth seriously and give them the tools to do so.”**

[European Youth Parliament \(EYP\)](#) is a fantastic engagement tool for youth in France. This non-partisan and independent educational project is all about promoting active citizenship and understanding among young Europeans through debates and intercultural exchanges.

EYP France is organising many events each year. From regional sessions to national and international sessions, young people from various countries come together to dive into discussions and propose solutions for real-world issues. It's not just talk; these sessions involve debates, simulations, and workshops to develop your critical thinking, public speaking, and leadership skills.

Imagine being part of something that goes beyond borders, where your voice matters in shaping solutions for today's challenges. That's what EYP is all about - making you a powerhouse of critical thinking and leadership.

Good Practice



Additional Resources and References

[Youth Participation Toolkit](#), SALTO



[“Involvement tool”](#), e-Graine association



[“Between the renewal of governance bodies and the emergence of autonomous organisational dynamics: how can young people with sub-Saharan immigration background get involved in associations?”](#), Report from the French ministry for youth, 2016





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4.5 Four Exercises on Youth Using Their Voice

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4 Exercises on Youth Using Their Voice



1. "Story of My Life" Public Speaking Exercise
2. "Perspective Shift" Debating Exercise
3. "Voices of Change" Writing Workshop
4. "Walking in Another's Shoes" Role-Playing Exercise

1

"Story of My Life" Public Speaking Exercise

The goal? To help each of you, from your diverse backgrounds, find your voice by sharing your unique stories.

This isn't just public speaking; it's a chance to boost your confidence while fostering empathy and understanding among your peers.

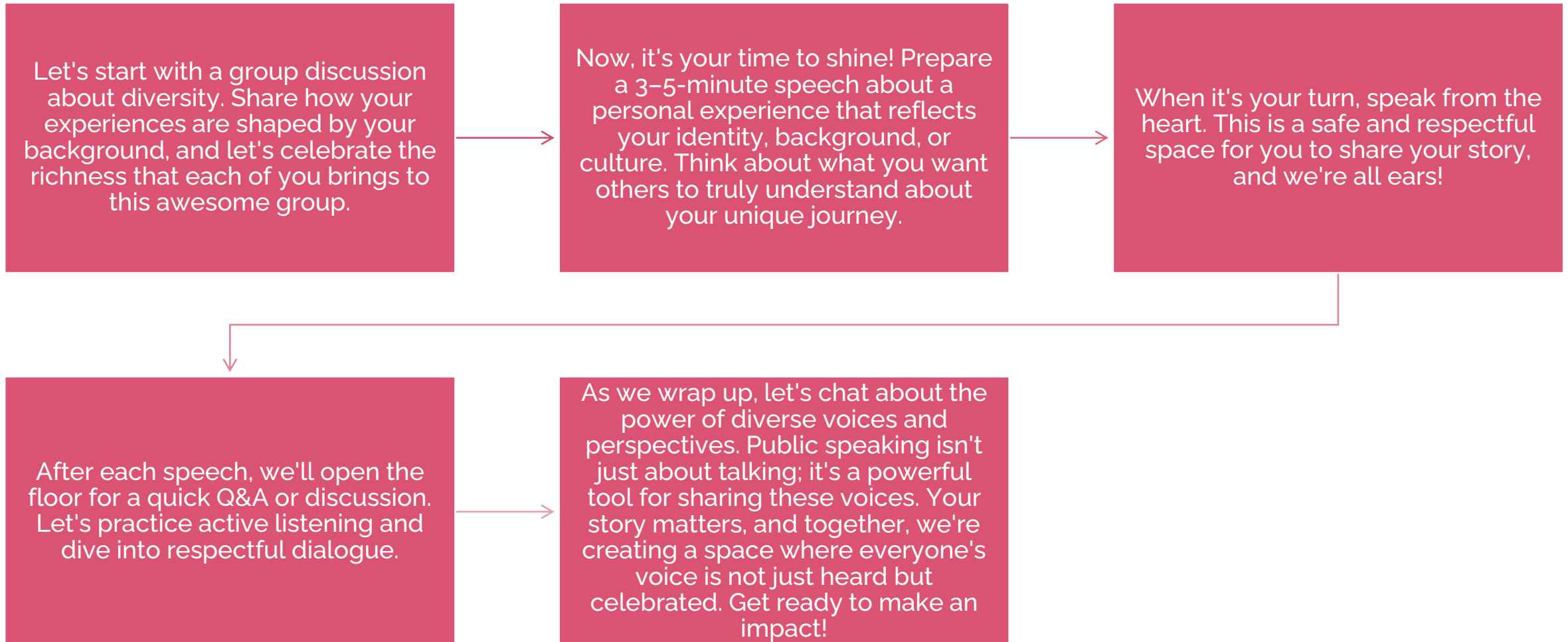
Think of it as your moment in the spotlight, a chance to express what makes you, well, YOU! We're here to cheer you on, and by the end, we'll all have a deeper understanding of each other.

So, let those stories flow, speak from the heart, and let's create a space where everyone's voice matters. Get ready to shine!



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Procedure



2

“Perspective Shift” Debating Exercise

Get ready for a thrilling exercise designed to supercharge your understanding of diverse perspectives and level up those public speaking skills. We're diving into a structured debate on a topic that revolves around diversity and inclusion.

The goal here isn't just to argue but to explore different viewpoints, broaden your understanding, and hone those persuasive speaking skills.

So, gear up for an intellectual showdown where your words will not only express your thoughts but also contribute to a deeper appreciation of diverse perspectives. Let the debating games begin!



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Procedure

Before we dive into this exciting debate, let's chat about the art of debating. It's like a structured game where we explore diverse perspectives on a topic related to diversity and inclusion. First things first, constructing arguments is key, and respect, along with active listening, is our guiding light.

Now, let's divide into two teams – Team For and Team Against. Each team will take a stand on a pre-determined topic like "All schools should implement mandatory classes on cultural diversity." Sounds interesting, right?

Take some time to prepare your arguments. Consider the topic from various angles and articulate your points clearly and convincingly.

Now, it's showtime! Each team gets their moment to present arguments and rebuttals. Remember, let's keep it respectful and focused on the topic.

After the debate, let's gather for a group discussion. Share what you learned about the topic and your experience with public speaking.

As we wrap up, think about how public speaking and debate aren't just about winning but understanding and articulating diverse perspectives. We're creating a space for more inclusive conversations. Get ready to make your voices heard!

"Voices of Change" Writing Workshop

In this workshop, we're diving into a mission: helping you put your thoughts, ideas, and experiences about social issues, diversity, and inclusion into words. It's all about expressing your voice and boosting your writing skills!

Think of it like a platform just for you. We want to hear what's on your mind, learn about your unique experiences, and explore the world of social issues together through writing.

So, get ready to unleash your creativity, put pen to paper (or fingers to keyboard), and let's make your voices heard in a way that truly shines!



Procedure

First let's have a group discussion. Share how your experiences are shaped by your background, making our group uniquely rich and vibrant.

Now, the spotlight is on you. Prepare a 3-5 minute speech about a personal experience that reflects your identity, background, or culture. Think about what you want others to really understand about your incredible journey.

When it's your time to shine, share your speech with the group. This is a safe and respectful space for you to let your story unfold.

After each speech, we're opening the floor for questions and discussion. Let's practice active listening and dive into respectful dialogue.

As we wrap up, let's talk about the power of diverse voices and perspectives. Public speaking is our tool to amplify these voices and make a positive impact. Get ready to share, listen, and celebrate the uniqueness that each of you brings to our awesome group!

"Walking in Another's Shoes" Role-Playing Exercise

The goal? To practice expressing your views, boost empathy, and dive into diverse scenarios. This is your safe space to understand different perspectives and flex those problem-solving muscles, especially when it comes to social and diversity-related issues.

Get ready to step into various characters' shoes, explore different viewpoints, and sharpen those empathy skills. It's not just a game; it's a journey into understanding and making a positive impact on the world around you.

So, are you ready to embrace different roles and broaden your perspective? Let's dive in and make this a learning adventure!

Procedure

Get ready for an exciting journey into role-playing. We're not just playing; we're diving into scenarios to understand, empathise, problem-solve, and communicate effectively.

Let's form small groups. Each group gets a scenario – it could be a local problem, a global issue, or a totally fictional situation. These scenarios are complex and filled with different perspectives, so get ready for some robust discussion and problem-solving.

Each of you gets a role within your group's scenario – maybe a community leader, an activist, a politician, or a local resident. You've got your own viewpoint and interests to represent.

Take some time to discuss and prepare your role-play. Step into your character's shoes, understand their perspective, and express your stance.

Now, the stage is yours! Each group performs their role-play, and everyone else watches keenly. Let's actively observe, consider different perspectives, and enjoy the show!

After each performance, we'll dive into a debriefing session. We'll talk about the various perspectives, problem-solving approaches, and communication techniques used. It's not just about the act; it's about the insights you gain.



Wellhooody
Wellbeing in Diverse Youth Communities

O P E N E D U C A T I O N R E S O U R C E S

4.6 Young People as Storytellers

www.wellhooody.eu



Co-funded by
the European Union

“Young people must have their voices heard at all times. We cannot not be passive participants in the conversations about our future. We must get active and create the future the way we want it.”

EDEM AGBANA



Youth for Change



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WELCOME TO YOUTH FOR CHANGE!

Young European Storytellers for Social Change (YOUTH FOR CHANGE) will upskill youth leaders empowering them with new knowledge and practical training resources to help young people put technology and digital stories to good use. Our goal is to empower young people (15-24 years) to become active, empowered digital citizens capable of advancing strong social change missions online.



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<https://youthforchange.eu/>

Youth for Change Project at a Glance

Learning Resource Pack:

- Your digital workshop for becoming tech-savvy and a great storyteller.

Technology Toolkit:

- An exploration journey into the best tech tools for digital storytelling.

Story Exchange App:

- Your stage to showcase what you've learned and impact the world with your stories!

Get ready for a tech adventure where you become a storytelling pro, making a positive change in the world. YOUTH FOR CHANGE is all about you, your ideas, and the powerful stories you'll tell!



Joining a Platform For Young Activists With the European Parliament

Here's how it can help you get involved:

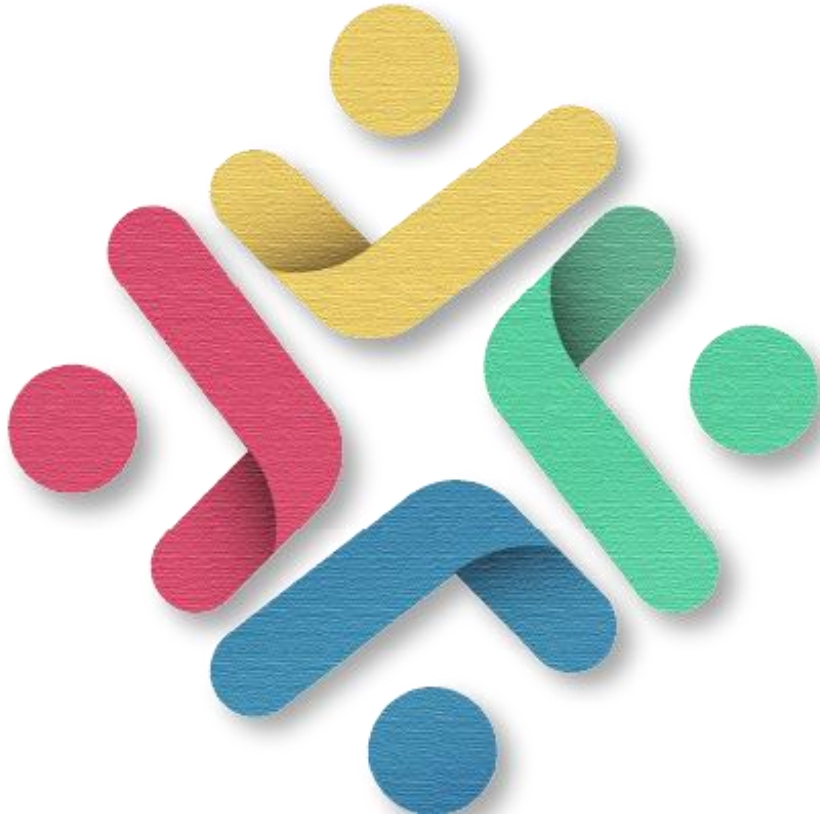
1. **Connect with Others:** You'll meet other young activists who care about important issues, just like you do.
2. **Express Your Ideas** on things that matter to you.
3. **Learn and Explore:** Think of the European Parliament platform as a big source of information. By being a part of it, you can learn a lot about different topics related to youth activism.
4. **Work Together for Change:** You can team up with others to turn your ideas into actions. It's like being part of a group that wants to make a positive impact in the world.

Your opinions count, and this platform is where you can make your voice heard!





How?
<https://together.eu/>



- A better future for Europe involves all of us! The big issues like global public health, the planet, security, and human rights need us to work together.
- Taking action on things you care about not only makes a difference but also boosts participation in European democracy. It's super easy, and even a little time can create a big impact.
- Now is the time to be hopeful and ambitious, and most importantly, now is the time to act. Together.eu is a cool community of people who believe in democracy. As the next European elections come up, it connects people from all over Europe to share knowledge, learn new skills, and, of course, encourage everyone to vote in 2024.
- Ready to get involved? The more people vote, the stronger our democracy becomes! Sign up here and let's make a positive change together: <https://together.eu/>

Summary

In this module we talked about **leading, understanding others, and being engaged**. Your identity is linked to your community, and engagement tools help you speak up. Diverse living is like adding unique colours to a big canvas!

We did exercises to boost your voice, learned how good storytellers you are, and presented you with an opportunity to join a big platform with the European Parliament. Why? Because your ideas matter on a larger stage!

In short, these topics are about you taking charge, making waves, and showing the world what incredible things youth can do!





Thank you and
congratulations.

You have finished
the fourth
module of
WELLHOODY
course.

NEXT UP: Module 5
DESIGNING THE FUTURE TOGETHER



www.wellhody.eu