



Youth Club Meeting Report

Meeting dates:

1. 11th April 2024, 18.30-20.00
2. 14 May 2024, 17:00 - 20:00

Meeting venue:

1. Centro Joven Albacete, Calle Dr. Collado Piña, 14, 02002 Albacete
(<https://maps.app.goo.gl/rERUGcWuaJojVo4s6>)
2. Biblioteca de la Antigua Comisaría, Paseo Pedro Simón Abril, 16, 02003 Albacete
(<https://maps.app.goo.gl/frn7oFcTLaucBD1n9>)

Name of the Club: *Voz Joven* or “Young Voice”

Facilitators: Paloma Ollero (Communication Officer at Dramblys); Narval Gomez Useros (Project Technician at Centro Joven Albacete)

Number of attendees:

1. 18 young people and 3 youth workers
2. 12 young people

Materials: Pens, paper sheets, post-it notes, touchscreen panel

Agenda (Meeting 1):

- 18.30 Welcome and presentation of the Wellhoody project
- 18.40 Ice-breaking activity “Different and Alike”
- 18.55 “Concept Game” and Theoretical part on Diversity, Equity, and Inclusion (DE&I)
- 19:25 “Tag Game”
- 19.40 Conclusions, Next meeting and Survey

Meeting topic: Diversity and Intercultural competences

Agenda (Meeting 2):

- 17:00 Welcoming of the participants and presentation of the Wellhoody
- 17:30 Discussion of “Diversity, Togetherness and Wellbeing” and their benefits on society
- 18:00 Presentation of the Hero’s Journey and task to create their own story



18:15 Preparation time

19:00 Presentations

Meeting topic: Diversity, Togetherness, Societal Wellbeing

Introduction

The Youth Club hosted 2 meetings.

Both meetings aimed at presenting the participants with the Wellhody project and its goals of empowering young people and equipping youth professionals through education in wellbeing and diversity.

Their aim was to introduce participants to the Wellhody project and its educational resources that could be freely used when setting up a Youth Club. Starting from “Good Practice Guide”, “Open Educational Resources” (OERs), and “Networking Guide”, Wellhody project with its digital platform was presented as a powerful source of information and inspiration for diverse young people and their communities.

Though united in their aim, the activities of the meetings were different in case there were participants that would attend both.

Key points

The theme of the 1st meeting of YCC was deliberately chosen on the basis of the needs of participants. Those were young individuals of all walks of life, who could come from Spain and other countries, completing their studies or just entering the labor market, of different age, gender, and social status. Each of 18 participants demonstrated having experienced struggles in fitting in and acquiring a sense of community. As most of them were of diverse backgrounds, increasing awareness and developing intercultural competencies perfectly aligned with the Club's purpose. For this purpose, the content was based on the Wellhody project results with a couple of group dynamics that would touch upon Diversity, Equity, and Inclusion (DE&I).

In addition, among the attendees, there were 3 youth workers in the first meeting and 2 in the second. Their participation enabled a bigger social impact and outreach of the project centered on the strengths of diversity.

Meeting 1



First the facilitator explained an ice-breaking activity, in which young people could reflect on their individual and shared characteristics with the group. “Different and Alike” served as an opportunity to share individual and common traits by anonymously writing it on a piece of paper and reading it out loud. The following “Concept Game” helped to interestingly cover theoretical concepts (Equality, Inclusion, Integration, Intersectionality, Diversity) by actively engaging participants in a game, where each one would be given only 10 seconds to share thoughts on a certain concept and immediately pass it on to the next person. The “Concept Game” enabled participants to express their thoughts and enjoy the discussions related to diversity. After the discussion round, it was an activity of “Tag Game” intended for reducing prejudices and biases. The last activity was challenging young people to question their assumptions about the world around them. They were asked to draw any shape on the post-it and consequently form a group. Over 2 rounds of the game, it was made clear that even without being given such an instruction, most groups were created based on a shape or so-called “in-group bias”.

Meeting 2

The facilitator started the meeting by introducing the organization and the Wellhopdy project along with its objectives and main topics. A discussion took place on the terms of “diversity” and “togetherness” and the effect that they have on wellbeing of individuals and society as a whole.

The next activity introduced the Hero’s Journey as a methodology. Subsequently, role card with particular and diverse backgrounds were given to the participants, placing them in challenging positions and a unique quest. Each one, using their fantasy and analogic material, had to build their own Hero’s Journey. Very unique and entertaining presentations were shared to everyone in the end.

Conclusion

As a conclusion to the pilot meetings, attendees were asked their opinion on the Clubs, its meetings and whether it reached their expectations. According to participants, it far exceeded their expectations. As for the agenda and activities, they were all highly rated and showed the potential of Youth Club in terms of attracting more young audiences. Most young people commented that they were highly likely to recommend joining the events of the Club. Finally, Wellhoody platform with its resources gained visibility destined at its target users.

Attendee feedback



Here comes some feedback:

"I believe that the workshop within this project could reach people from other non-profit organizations, institutions, and high schools."

- Elena, 29 years old

"Amazing meeting! I like the European initiatives and the idea of promoting good practices among young people."

- Cristina, 28 years old

Summary:

Among the important decisions is the idea of setting a follow-up meeting. Youth facilitators agreed upon a meeting date and venue in a less formal setting, outdoors in a two-week time. Participants expressed their willingness to delve into new group dynamics prepared for YCC next meeting.